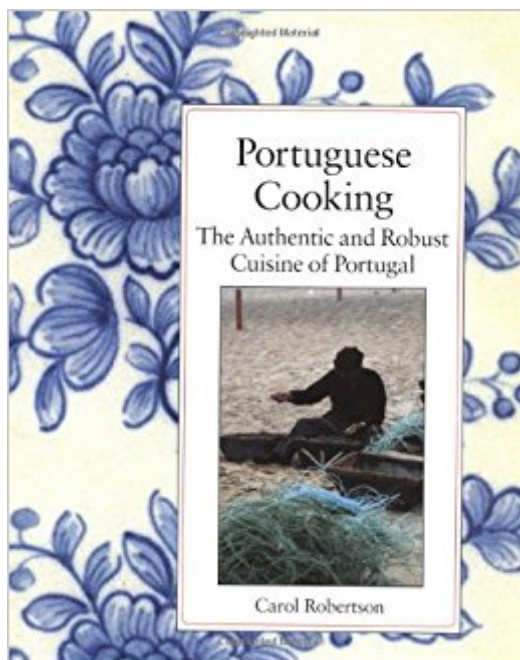


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Portuguese Cooking: The Authentic And Robust Cuisine Of Portugal



Synopsis

Carol Robertson shares her fascination with the country and its cuisine in lively journal entries and delightful drawings, while David Robertson's evocative photographs provide a look at the wonders of the Portuguese landscape and culture. The result is a personal travel book for lovers of good food. Portugal is blessed with a flavorful and complex cuisine that brings together influences from Europe, Africa, and the Muslim world. The simple-to-prepare dishes rely on pork and seafood of all kinds, as well as tomatoes, olives, kale, hot and sweet peppers, garlic, mint, and the silken magic of virgin olive oil. Treat yourself to a true taste of Portugal.

Book Information

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Customer Reviews

“Filled with recipes and tales from the Robertsons’s travels, this cookbook takes you on a culinary romp through Portugal.” —*Health Magazine* “Fascinating traveler’s tales set the stage for recipes from every region.” —*Jessica’s Biscuit / ecookbooks.com* “Foods are described in their settings along with a first person travelogue, a record of a culture and cuisine. The recipes are written for the home cook and feature readily available ingredients.” —*The Palm Beach Post* From the Trade Paperback edition.

Carol Robertson has traveled extensively in Europe, Asia and Africa, both professionally and for pleasure. She is an artist and teacher and makes a home in Juno Beach, Florida.

This was exactly what my wife was looking for. Easy to use recipes with a little history thrown in.

Since I spend every 6 months in Portugal I wanted to learn to cook like the Portuguese, I always come home 2 kgs heavier as just have to sample all the dishes on offer. What a beautiful culture and wonderful cuisine. I found this book helpful in that it had the recipes I needed to bring Portugal home.

Wonderful book.

excellent book and recipes, great gift or for your own use. recommended.

Older than I expected but still a beautiful book.

bought this for a friend. I purchased my copy several years ago and love it.

I am the first generation in my mothers family to be born on the continental USA and her words left me with a smile on my face

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